



Meet our instructor: **Debbie Horvat**

Debbie Horvat has been a dedicated fitness instructor for 10 years, inspiring and motivating individuals to achieve their health and fitness goals. She has taught at renowned fitness centers like GoodLife Fitness and Life Time Athletic, and she is currently a HIIT performance and fitness coach at Bare Yoga & Athletics in Pickering. In addition to her professional engagements, Debbie runs her own successful bootcamp and macro nutrition coaching bringing her passion for fitness to a wider community.



Beyond her fitness career, Debbie works full-time as an Investor Relations Advisor. Despite her demanding schedule, her true passion lies in fitness, where she finds joy in helping and motivating others to lead healthier lives.



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