**TASTE OF COSTA RICA**

**PACKAGE INCLUSIONS**
- 7 nights of accommodation
- 7 breakfasts and 1 dinner
- 3 half-day tours: to Espíritu Santo Coffee Plantations Tour; Arenal Hanging Bridge; and Manuel Antonio National (each tour includes transportation, guide and entrance fees)
- Visit to Tabacón Hot Springs (includes transportation, entrance fee and dinner)
- Transportation to and from airport and excursions (See details under “Important Notes - Transportation”)

**CALL TO BOOK!**
1-866 529-2079

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**San Jose Airport – Naranjo**

After arriving at Juan Santamaría International airport in San Jose, a Swiss Travel representative will meet and greet you upon arrival and will provide some information and eventually traveling tips as per your visit. Your drive through the Central Mountain Range will take approximately 1 hour, it is easy and will offer a first look of the diversity that the country has to offer including the beautiful Naranjo Coffee Plantations.

**Accommodations:** Chayote Lodge (or similar)

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**Day 1**

**Naranjo**

Extensive coffee plantations and a beautiful view of the central valley of Costa Rica, will wake you up this morning, then you will be pleased with a delicious Costa Rican breakfast without missing of course, the aroma of fresh coffee, the perfect ingredients to start a day and go deep into the history and culture of this ancient beverage. You will visit the Espíritu Santo Coffee plantations, where you will learn the traditional methods that transform small reddish fruits in a fine coffee export worldwide. In the afternoon, an ecological walk along the paths of the hotel, will allow you to appreciate the flora and fauna of this region. Various species of colorful birds, mammals, plants and lush greens show us an incredible ecosystem.

**Meal(s):** Breakfast
**Accommodations:** Chayote Lodge (or similar)

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**Day 2**

**Naranjo – Arenal Volcano**

At mid-morning continue on with a land transfer towards the northern lowlands, this route offers the experience to pass through different towns such as Zarcero, San Carlos and Florencia. Also, along the way you will enjoy the beautiful scenery which includes amazing views of the mountains and one of the major sources of revenue in the area: the agriculture, so you will have the opportunity according with the season to observe the crops of pineapple, bananas and sugar cane.

Arrive to La Fortuna Village late afternoon where the mighty Arenal Volcano will welcome you with its impressive perfect conic shape. This volcano has been active since 1969 and it has become one of the world’s most active volcanoes and one of Costa Rica’s main highlights.

During the evening you will visit the world famous Tabacón Hot Springs. These natural hot springs features a hot river that flows through a series of pools. From cascading falls to tropical gardens, the hot springs are the result of rainwater heated by magma in the Earth’s Interior. Once heated, the waters rise to surface, taking with them minerals found in the earth’s rocky crust; this way, waters become very beneficial to your body because of its temperature that helps to relax muscles, clean pores and rejuvenate the skin. Tabacón is a very unique location full of natural jewels that definitely you cannot miss staying at Arenal Volcano area.

**Meal(s):** Breakfast
**Accommodations:** Arenal Springs Hotel (or similar)
**Arenal Volcano**

During the morning get ready to visit the Arenal Hanging Bridges. The main attraction is the walk through the hanging bridges, a network of suspension bridges, platforms and trails built in the rainforest. From here, you will have the opportunity to explore the forest canopy in a safe and easy way, giving you a different perspective of the forests wildlife. This is a great opportunity for nature lovers and birdwatchers.

Afternoon at your leisure to explore the area. We highly recommend the visit to Arenal Volcano National Park (extra cost) that protects an active perfect cone volcano with constant moderate explosions accompanied by roar, gases and ash emissions that raise high in the air. The attraction of this volcano has helped to develop the area as a prime destination in the country; from being a small town of cattle and agricultural farms, it has become one of the most tourist developed areas with hotels, tour attractions, adventure activities, hot springs and water sports.

Meal(s): Breakfast
Accommodations: Arenal Springs Hotel

**Manuel Antonio**

Half day guided visit to Manuel Antonio National Park, including transportation. This national park is one of the most famous in our country due to its wide variety of flora and fauna specimens. The park itself boasts 3 different trails that vary in grade from flat to very steep. On this Manuel Antonio tour, you will be accompanied by a nature guide who is knowledgeable about everything you will see. The trail you will take is flat and picturesque and loops through the park making your course approximately 2 miles long. Throughout the hike your guide will stop and explain the different nature specimens that can be observed, you can take photographs or just admire the view. One of the highlights of this Manuel Antonio tour is that the park is home to 3 of the 4 existing monkey species in Costa Rica. Half way through the hike you will make a leisure stop at the third beach located within the national park. You will have approximately 20 minutes to rest on the beach or play among the waves if you so choose. Throughout the hike you will be able to observe sloths, birds and reptiles as well as admire orchids, butterflies and tropical trees. The guides that accompany you on this Manuel Antonio Trip are equipped with Pentax and Suvaroski telescopes that you can use to observe wildlife and take pictures with a different perspective. Upon finishing the tour, you will be provided with transportation back to your hotel. The rest of the day will be spent at your leisure to enjoy the facilities of the hotel or take some optional activities available in the area.

Meal(s): Breakfast and dinner
Accommodations: Parador Hotel & Resort (or similar)

**San Jose – San Jose Airport**

Your Costa Rican eco-adventure comes to an end today. You will be met at the hotel and transferred back to the airport for your return trip home.

Meal(s): Breakfast