WELCOME TO THE RAINFOREST TOUR

PACKAGE INCLUSIONS

- 7 nights of accommodation
- 7 breakfasts, 3 lunches & 3 dinners
- Evening visit to Tabacón Hot Springs (includes transportation, entrance fee and dinner)
- Regular evening-night tour at Monteverde Cloud Forest Reserve (includes transportation, bilingual guide and entrance fee)
- Transportation to and from airport and excursions (See details under “Important Notes - Transportation”)

CALL TO BOOK! 1-866 529-2079

San Jose Airport – San Jose
Upon arrival to Juan Santamaría International Airport in San Jose, you will be met by a Swiss Travel representative, who will provide your full itinerary, recommendations, maps, contact information and assistance with your transportation. You will then transfer to your hotel in San Jose, approximately 20 minutes drive away.
Accommodations: Radisson San Jose (or similar)

San Jose – Tortuguero National Park
Once on the Caribbean side you will continue to the Caño Blanco Dock, where the boats are waiting for you to transfer you to the Tortuguero National Park. A scenic two and half hour boat ride will take you through the canals sheltered in the jungle of the rainforest, and from the boat, you will be able to admire the unique flora and fauna of this region. Upon arrival, you will receive a short briefing of your hotel and the surrounding area, followed by lunch. In the afternoon you will visit the village of Tortuguero, where you will learn the lifestyle of local residents and the significant conservation efforts that some NGOs (non-governmental organizations) have developed to protect sea turtles that come to spawn each year along the 22 miles of protected coastline.
Meal(s): Breakfast, lunch and dinner
Accommodations: Evergreen Lodge (or similar)

Tortuguero National Park – Arenal Volcano
At mid-morning the journey continues with a boat transfer back to the local dock. Upon arrival, ground transportation will be provided to the area of Guapiles, where lunch will be served. Afterwards, continue on with a land transfer towards the northern lowlands, this route offers the experience to pass through different towns such as Puerto Viejo (Sarapiquí), San Miguel, Venecia and Aguas Zarcas. Also, along the way you will enjoy the beautiful scenery which includes amazing views of the mountains and one of the major sources of revenue in the area: the agriculture, so you will have the opportunity according with the season to observe the crops of pineapple, bananas and sugar cane.

Day 3

Tortuguero National Park
Tortuguero is a great destination for ecotourism lovers. During this day and depending on the weather conditions, you can enjoy a guided hike through the jungle where you will learn how the different animals, insects and birds interact with forest plants, thus achieving a perfect balance of each species, or you can explore the secondary canals of this paradisiacal place, where you can see different species of mammals, birds and reptiles. Tortuguero offers a full contact with Mother Nature. Much of the National Park extends along its unspoiled beaches that serve as refuge for spawning of the sea turtles, this event occurs between the months of July to September.
Meal(s): Breakfast, lunch and dinner
Accommodations: Evergreen Lodge (or similar)
Arrive to La Fortuna Village late afternoon where the mighty Arenal Volcano will welcome you with its impressive perfect conic shape. This volcano has been active since 1968 and it has become one of the world’s most active volcanoes and one of Costa Rica’s main highlights. During the evening you will visit the world famous Tabacón Hot Springs. These natural hot springs features a hot river that flows through a series of pools. From cascading falls to tropical gardens, the hot springs are the result of rainwater heated by magma in the Earth’s interior. Once heated, the waters rise to surface, taking with them minerals found in the earth’s rocky crust; this way, waters become very beneficial to your body because of its temperature that helps to relax muscles, clean pores and rejuvenate the skin. Tabacón is a very unique location full of natural jewels that definitely you cannot miss staying at Arenal Volcano area.

Meal(s): Breakfast, lunch and dinner
Accommodations: Magic Mountain (or similar)

## DAY 6

### Arenal Volcano

This day is at your leisure to explore the area. We highly recommend the visit to Arenal Volcano National Park (extra cost) that protects an active perfect cone volcano with constant moderate explosions accompanied by roar, gases and ash emissions that raise high in the air. The attraction of this volcano has helped to develop the area as a prime destination in the country; from being a small town of cattle and agricultural farms, it has become one of the most tourist developed areas with hotels, tour attractions, adventure activities, hot springs and water sports. Additionally, to the volcano, other attractions are: Cano Negro Wildlife Refuge, Venado Caves, La Fortuna Waterfall, and many activities such as river floating, nature walks, hot springs, canopy, hanging bridges, Pure Trek Canyoning, rafting, hiking and horseback riding.

Meal(s): Breakfast
Accommodations: Magic Mountain (or similar)

### Arenal Volcano – Monteverde

Morning depart from Arenal Volcano to the Monteverde Cloud Forest. This service is considered a transfer-tour, as you will be crossing by boat the Arenal Lake, which is the largest and the most important lake in Costa Rica. The first part of the trip is adorned with the beautiful scenery of the Arenal Lake. Then, will start the driving ascending through the Tilarán Mountain Range. The final portion of your journey is on gravel roads, giving you more time to enjoy the beautiful mountain scenery. For the evening it is programmed a tour at Monteverde Cloud Reserve. With a naturalist as your guide, you will discover the wonders of the tropical cloudforest, when most wildlife species are active. Strange sounds, lights and aromas will capture your imagination. During the walk, you will search for nocturnal species such as insects, bats, frogs, toads, and mammals providing a different perspective of the forest.

Meal(s): Breakfast
Accommodations: Trapp Family Lodge (or similar)

## DAY 7

### Monteverde – San Jose

Morning will be at leisure to enjoy the optional sights and activities in the area. Perhaps pay a visit to the nearby town of Santa Elena, with its beautiful orchid garden, frog pond, serpentariums, butterfly gardens and art galleries. You could take a tour of the local cheese factory, coffee or sugar cane plantation, or take advantage of such local activities as horseback riding, bird watching and/or canopy/zip-line tours. In the afternoon, it’s programmed the transfer back to San Jose.

Meal(s): Breakfast
Accommodations: Radisson San Jose (or similar)

## DAY 8

### San Jose – San Jose Airport

Your Costa Rican holiday concludes today. You will be met at the hotel and transferred to San Jose Airport, for your return home.

Meal(s): Breakfast